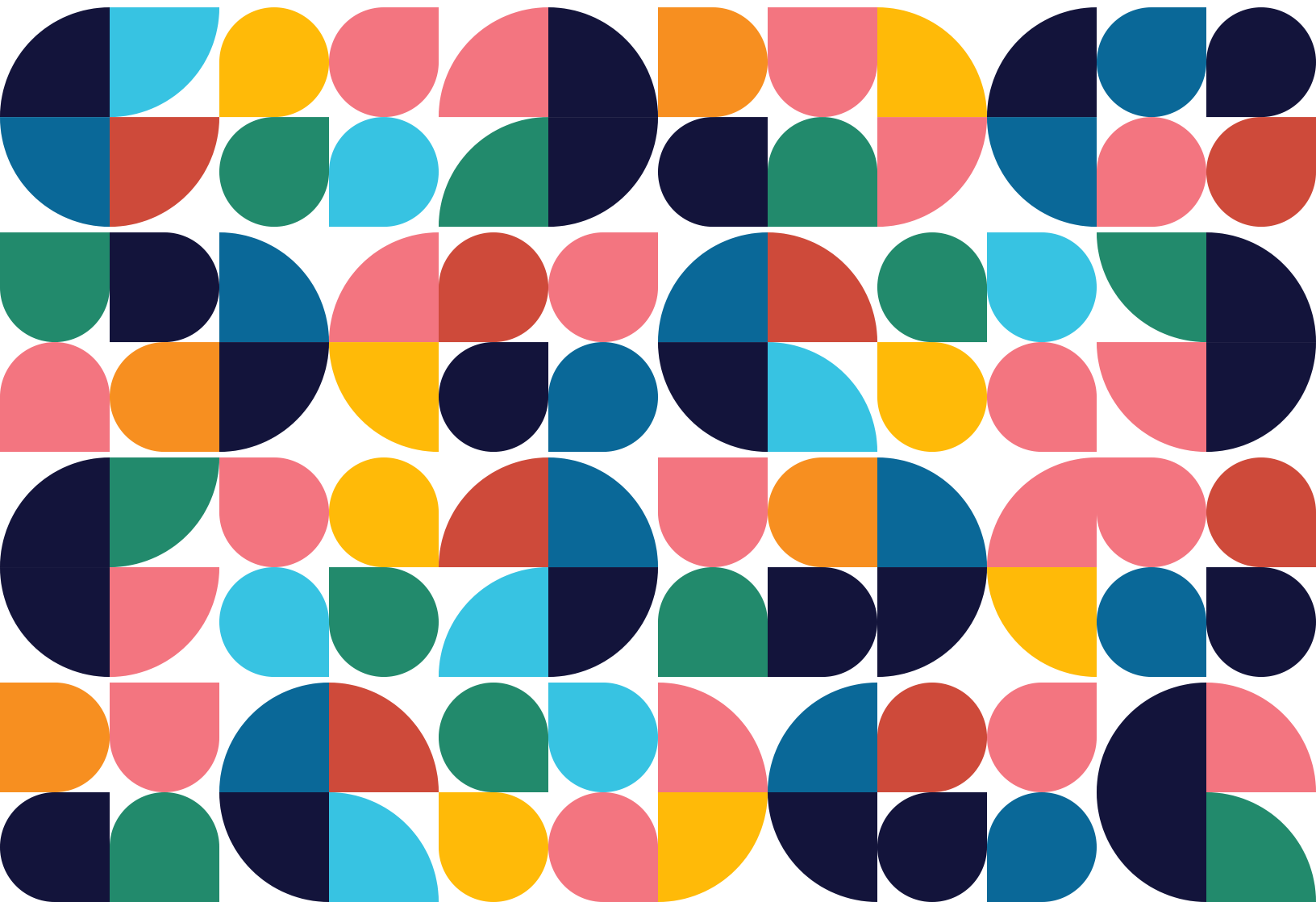


2023



IMPACT REPORT



WELCOME

From the staff of Every Body Texas

Safeguarding sexual and reproductive healthcare access in Texas is a practice in resilience, creativity, and resistance.

Despite growing political and legal attacks, threats to funding, and increasingly draconian laws limiting or blocking access to essential healthcare like abortion, we at Every Body Texas continue to grow our organization, expand our impact, and **increase the number of Title X clients served by our clinic network by 57% over the last decade.**

We are proud of what we have accomplished over the last 18 months:

- During the 2023 grant year, our network served **184,858 individuals with free or low-cost family planning services.** (page 4)
- Our EC for Every Body project supplied **7,000 Texas residents with free emergency contraception and other resources.** (page 6)
- Our **No Wrong Door to Sexual and Reproductive Health Project** trained social service providers to engage clients in conversations about their reproductive life goals and build referral networks helping to connect their clients with the family planning care they need. In addition, our **No Wrong Door Digital Toolkit** enables social services providers across the country to integrate reproductive life goal conversations in their practice. (page 5)
- Our **Person-Centered Reproductive Counseling Digital Toolkit** trains providers and clinicians to have person-centered, non-coercive conversations about reproductive health and contraception with their clients. (page 5)
- We helped secure major victories for sexual and reproductive healthcare access during the 88th Texas Legislature: **a 65% funding increase for the state Family Planning Program**, new requirements that allow people to pick up a year's worth of birth control during a single pharmacy visit, and the extension of postpartum Medicaid coverage from two months to a year after childbirth. (page 2)

We celebrate our victories, but we cannot ignore the hostile environment in which we operate. We have faced targeted and strategic efforts to restrict access to contraception – including emergency contraception – and to sow chaos, instability, and fear in our work and in our communities.

As 2023 draws to a close, we remain committed to this work and to our values. We believe that all people deserve access to safe, high-quality, unbiased sexual and reproductive healthcare, regardless of our identity, income, or circumstances. We believe that there should be no barriers between people and the healthcare they want and need. And we believe that each person should have the right to make their own healthcare decisions.

We know that this access remains out of reach for many people in our communities—and that we have much more work ahead of us. Regardless of what challenges we face, especially from those who wish to restrict access to care, Every Body Texas will hold firm to our values and continue the just and necessary work to preserve and expand access to sexual and reproductive healthcare access in our state.

POLICY & ADVOCACY

88TH TEXAS LEGISLATURE

Every Body Texas achieved progress on all our four policy priorities during the 88th Texas Legislature. For a full report on the successes and missed opportunities of this last legislative session, check out the **2023 Legislative Report** on our [website](#).

2023 POLICY PRIORITIES

1

Fully Fund the Family Planning Program

Across all programs, women's health funding in the Texas budget received a 22% increase over the 2024-2025 Biennium, including a \$57.2 M (65%) increase to the Family Planning Program.

2

Continue Expanding Contraception Access

HB 917 (Ordaz/Paxton) allows Texans to obtain 12 months of a contraceptive method at one visit if they have a method they like already.

3

Make Healthy Texas Women Accessible

Budget Rider 69 allocates \$5M to support enrollment efforts at Healthy Texas Women and Family Planning Program contracted clinics.

4

Increase Access to Healthcare

HB 12 (Rose/Kolkhorst) extends postpartum Medicaid coverage for new moms from 2 months to a full 12 months postpartum.

THREAT TO CONFIDENTIAL BIRTH CONTROL FOR MINORS

Confidential access to family planning care has been a core component of Title X since its creation in 1970. Before December 2022, a Title X clinic was the only place in Texas where a minor could get confidential prescription contraceptive services without parental consent.

On December 20, 2022, federal court Judge Matthew Kacsmaryk issued an opinion in *Deanda v. Becerra* ending confidential access to contraception for minors in Texas. In the suit, a parent claimed that the Title X rule protecting minors' rights to confidential contraceptive care violated his right to make medical decisions for his child under the Texas constitution. The judge agreed with the plaintiff, handing down a decision blocking teen access to confidential birth control without parental consent.

Every Body Texas filed an amicus brief in support of the federal government's appeal. We argued that the court's decision pushed the organization and our providers to "ignore decades of settled legal precedent and deny care to thousands of adolescents in direct violation of Congress's express mandates and decades of settled precedent."

The United States Court of Appeals for the Fifth Circuit heard oral arguments on the case on November 6, 2023. Title X providers and grantees across the country await a decision with concerns that the block to minors' access to care may extend beyond to impact the whole country.

This case, initially filed in 2020, is part of a larger strategy to restrict access to reproductive autonomy across multiple fronts. The decades-long fight to roll back abortion access isn't restricted to just abortion, but carries threats to all kinds of contraception, family planning services, and even gender-affirming care.

Access to birth control plays a critical role in promoting reproductive justice and equity, particularly for young people working to make the best decisions for their futures. The ability to decide if, when, and how to become a parent and to be able to safely make decisions about your own body is a right that must be afforded to all people.



TITLE X

Every Body Texas supports a diverse network of **more than 30 healthcare agencies** across Texas. The federal Title X Family Planning program provides free and low-cost confidential family planning services for individuals who are uninsured and have lower incomes.

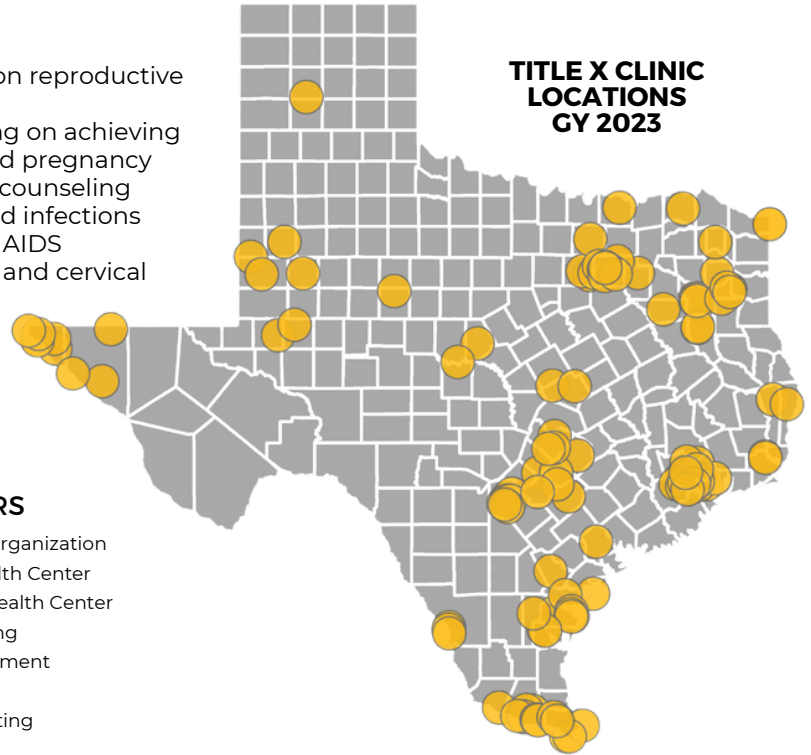
TITLE X SERVICES

- Contraceptive services including counseling on reproductive life goals
- Basic fertility and infertility services, counseling on achieving pregnancy, preconception health services, and pregnancy testing and non-directive pregnancy options counseling
- Testing and treatment for sexually transmitted infections (STIs) like chlamydia, gonorrhea, and HIV and AIDS
- Related preventive health services like breast and cervical cancer screenings

TITLE X NETWORK

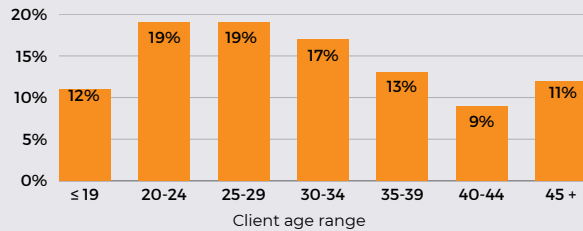


- TYPES OF PROVIDERS**
- 1 Community-Based Organization
 - 8 Family Planning Health Center
 - 9 Federally Qualified Health Center
 - 2 Hospital-Based Setting
 - 8 Public Health Department
 - 2 STI Specialty Setting
 - 2 University-Based Setting

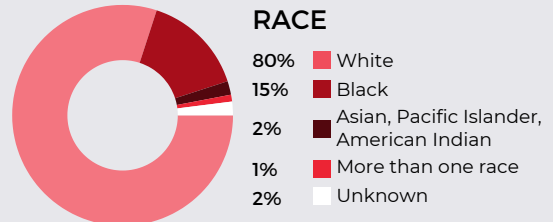


CLIENT DEMOGRAPHICS

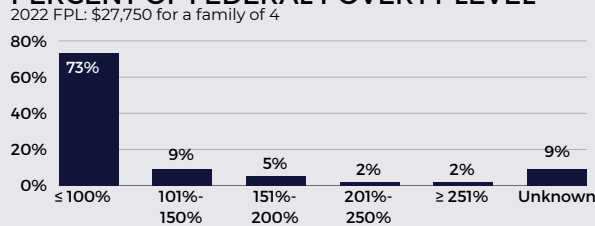
AGE



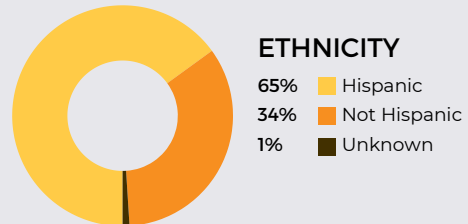
RACE



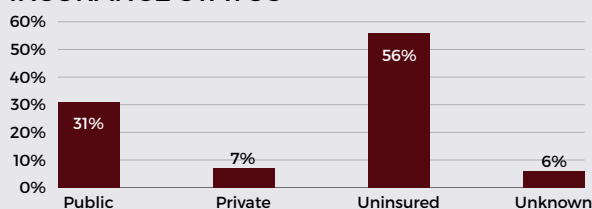
PERCENT OF FEDERAL POVERTY LEVEL



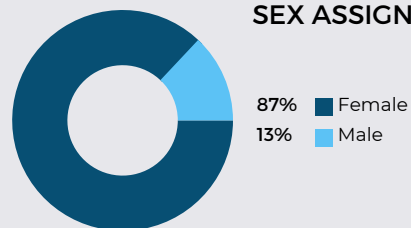
ETHNICITY



INSURANCE STATUS



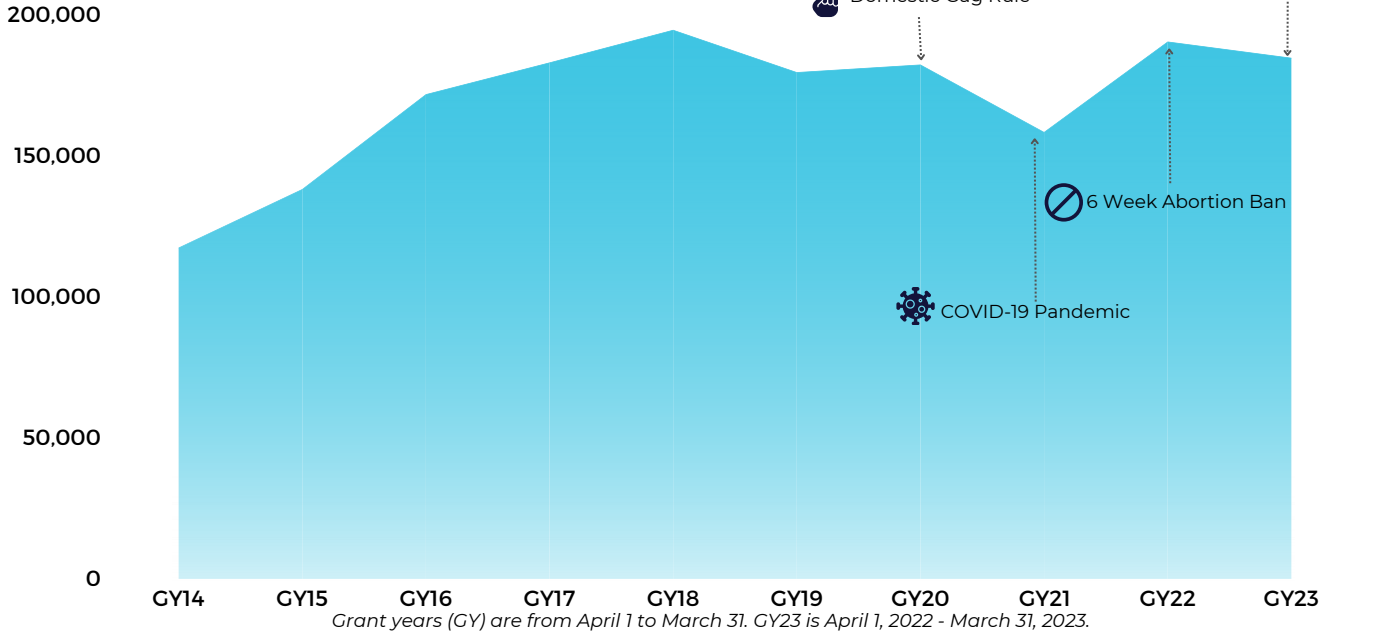
SEX ASSIGNED AT BIRTH



POLICIES IMPACT CLIENT SERVICES

Every Body Texas became the federal Title X grant administrator for Texas in 2013. In the decade since, the number of individual clients has grown by 57%, serving **184,858 clients in Grant Year (GY) 2023** (April 1, 2022 - March 31, 2023). While providing sexual and reproductive healthcare services in Texas has been challenging for more than a decade in the wake of the state's dramatic funding cuts in 2011, events of the last few years are barriers that continue to cause confusion and fear for providers and clients alike.

UNDUPLICATED CLIENTS SERVED



CHALLENGES OF THE LAST 5 YEARS

Providing family planning care in Texas has been challenging for decades. But the past several years have proven especially challenging for both Title X grantees across the country and our providers in Texas. Despite these challenges, Every Body Texas remains committed to this work.

2019: Domestic Gag Rule

Changes to Title X rules blocked clinic staff from discussing abortion as part of comprehensive non-directive pregnancy options counseling and from providing referrals for abortion services.

2020: COVID-19 Pandemic

COVID-19 pandemic forced clinics to temporarily shut down. Many clinics had to divert staff and resources to pandemic response.

Ongoing staffing shortages, caused in part by ongoing COVID-19 infection rates, continue to impact care delivery.

2021: Abortion Bans

While the pandemic continued to impact services, Texas's six-week abortion ban caused uncertainty and fear for family planning providers and clients across the state.

2022: Dobbs v. Jackson Deanda v. Becerra

The Supreme Court decision in Dobbs v. Jackson Women's Health Organization overturned Roe v. Wade and ended nearly 50 years of important, if insufficient, protections for abortion access at the national level.

Deanda v. Becerra blocked minors' ability to access confidential contraception care at Title X clinics in Texas without parental consent.



EXPANDING ACCESS

NO WRONG DOOR TO SEXUAL & REPRODUCTIVE HEALTHCARE

One of the biggest barriers for individuals seeking sexual and reproductive healthcare is lacking knowledge about what services are available and where to access those services. To help reduce this barrier and help social service providers build comfort discussing sexual and reproductive health, Every Body Texas piloted the No Wrong Door to Sexual and Reproductive Healthcare (NWD) project.

The project engaged central Texas organizations **El Buen Samaritano, Black Mamas ATX, Foundation Communities, and Life Works** in an 18-month project of training, network building, and evaluation.

Agencies worked to engage clients in conversations about their reproductive life goals, build referral networks with clinical service providers, and integrate a referral and follow-up process with clients to ensure they were getting the sexual and reproductive healthcare services they need.

The project evaluation showed that clients overwhelmingly (92%) reported feeling “happy” or “very happy” with the reproductive life goals conversations they had with staff.

Although participating agencies faced limitations with staff capacity common to many social service organizations, they saw great value in integrating conversations and referrals for sexual and reproductive healthcare to be valuable for clients. One participant said that **the project helped “to push sexual and reproductive health to the forefront and to help integrate in people’s overall wellbeing and health.”**



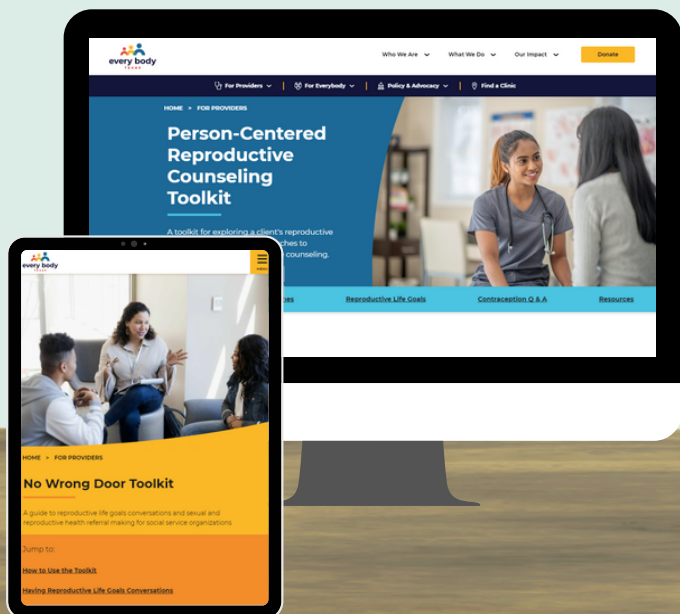
DIGITAL TOOLKITS

Expanding on the success of the No Wrong Door project, Every Body Texas built a digital toolkit to support social service providers across Texas and throughout the US to develop their own practices for engaging clients and building referral networks.

Rooted in a Reproductive Justice framework that centers client needs and autonomy in all discussions of reproductive health and goals, the NWD digital toolkit takes a comprehensive approach to integrating reproductive life goals (RLG) conversations and establishing a referral process within a social service setting.

The toolkit covers topics like RLG conversations in non-clinical settings, sexual and reproductive health basics, developing referral systems, and understanding the particular context for healthcare coverage and access in Texas.

In addition to the NWD toolkit, we released the Person-Centered Reproductive Counseling Toolkit (PCRCT). This toolkit is geared toward clinicians and other providers that specifically address reproductive life goals and contraceptive counseling. Both toolkits are available for free on our [website](http://www.everybodytexas.org).



EMERGENCY CONTRACEPTION FOR EVERY BODY

In September 2021, SB 8 went into effect in Texas, enacting a six-week abortion ban that virtually eliminated legal abortion in the state.

Every Body Texas worked with the federal government to develop a response strategy that would quickly increase access to contraceptives, including emergency contraception (EC). EC is a form of contraception that can prevent pregnancy after sexual intercourse. The most common form is an over-the-counter pill widely known by its brand name, Plan B.

With \$750,000 in federal funds, we worked with our provider network to quickly implement several practices to increase access to same day contraception. This included:

- Funds to stock all methods of contraception, including expensive long-acting reversible contraception (LARC) like IUDs and hormonal implants
- Funds for marketing these services
- Partnering with community-based abortion practical support organizations already mobilizing on-the-ground EC distribution, bolstering the distribution network, and connecting them with discounted bulk EC.

In February 2022, we launched EC for Every Body, a project to provide free Repro Kits to any person with a Texas address who requests one.

In May 2022, a version of the Dobbs v. Jackson decision was leaked and caused a 500% increase in requests for Repro Kits, depleting all of our stock within a week and contributing to a national EC shortage. We were forced to pause the project as manufacturers worked to ramp up production to meet demand.

EC For Every Body relaunched in September 2022 to an enthusiastic response.

Since EC For Every Body's inception, Every Body Texas has fulfilled nearly 7,000 requests for Repro Kits.

In 2023, we expanded the project partnering with organizations to serve as on-the-ground distribution sites across the state, and others doing monthly street outreach. This means people can visit a location near them and pick up a Repro Kit, no questions asked. We have grown and will continue to expand our outreach at community events, college campuses, national conferences, and support the development of similar projects outside of Texas.

WHAT'S IN A REPRO KIT?

Our Repro Kits include:

- 2 doses of generic Plan B
- 2 pregnancy tests
- External and internal condoms
- Personal lube, and
- An information booklet about EC, birth control methods, local resources, STIs, and other sexual health resources.



WHAT DID FREE EC MEAN FOR YOU?

We asked people who received a Repro Kit how having access to free EC impacted them. Here are a few of the things they had to say.

"It was everything. I was homeless with no job and desperately needed plan b. Thank you so much."

"Given the terrifying direction our country and state has recently gone in, it's such a relief to know I have an extra layer of protection. As an already struggling single mom...I could not manage a budget to care for another child...I can't express how important it is what you're doing and so appreciated."

"I have a child but we are good with one...This is a fallback plan if there is an issue with a condom. We are responsible but to say variables can't happen is just ignorant."

"It is peace of mind. I'm on a birth control pill and my partner uses condoms but with the current state of reproductive rights I'm terrified of something failing so it's nice to have extra extra protection on hand."

"This kit has saved my life, it feels like, considering I'm from a very small town with few options and none that are affordable."

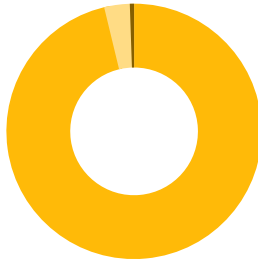
FINANCIAL REPORT & FUNDERS

REVENUE AND EXPENDITURES

As the administrator of the largest Title X grant in the country Every Body Texas **passes more than \$12.9 million to our network of 32 provider agencies.** These funds support staff, infrastructure, supplies, and operations of our Title X clinics.

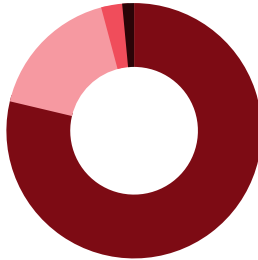
We provide high quality financial oversight, training, and technical support to the clinics in our network.

Every Body Texas also receives funding from private foundations and individuals that support creative projects to increase access to sexual and reproductive healthcare throughout Texas.



Total Revenue

Federal Grants	\$15,400,000	96%
Foundation Grants	\$517,600	3%
Public Support & other income	\$85,736	1%
Total Revenue	\$16,003,336	100%



Total Expenditures

Direct Program Support	\$12,906,184	79%
Program Management	\$2,811,017	17%
Operations	\$436,547	3%
Travel & Professional Services	\$245,076	1%
Total Expenditures	\$16,398,824	100%

FUNDERS

In addition to the federal Title X Family Planning Program grant, Every Body Texas also receives support from foundations and individual donors. Thank you to the funders that continue to support our work to preserve and increase access to safe, high-quality, unbiased sexual and reproductive healthcare.



EPISCOPAL HEALTH
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COLLABORATIVE
FOR GENDER+
REPRODUCTIVE
EQUITY



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